

Menu Rotation Schedule

1	Breakfast	Lunch	PM Snack
MON	Whole Wheat Cinnamon Toast Applesauce Milk Water	Fish Sticks Mac & Cheese Green Beans Peaches Milk Water	Graham Crackers Applesauce Water
TUES	Whole Wheat English Muffin w/ Cheese Peaches Milk Water	Chicken Nuggets Homemade Broccoli & Rice Casserole Mandarin Oranges Milk Water	Goldfish Crackers 100% Juice Water
WED	Fruit Smoothie w/ Toast Water	Homemade Baked Ziti w/ Meat Sauce Pears Mixed Veggies Milk Water	Nutrigrain Bar 100% Juice Water
THUR	Bagels w/ Cream Cheese Fresh Fruit Milk Water	BBQ Chicken Sandwich w/ Pickles Fresh Spinach Salad w/ Cucumbers Pineapple Milk Water	Animal Crackers Tropical Fruit Water
FRI	Life Cereal Bananas Milk Water	Cheese Quesadilla Spanish Rice Fresh Tossed Salad Milk Water	Ritz Crackers w/Cream Cheese Water

2	Breakfast	Lunch	PM Snack
MON	Whole Wheat Pancakes Pineapples Milk Water	Homemade Cheeseburger Mac Green Beans Peaches Milk Water	Veggies & Dip 100% Juice Water
TUES	Raisin Bread Mixed Fruit Milk Water	Homemade Mexican Chicken & Rice Fresh Spinach Salad w/ Cucumber Mandarin Oranges Milk Water	Animal Crackers 100% Juice Water
WED	Cheesy Biscuits Banana Slices Milk Water	Steak Fingers Mashed Potato Cooked Carrots Mixed Fruit Milk Water	Cheese Nachos 100% Juice Water
THUR	French Toast Sticks Applesauce Milk Water	Homemade Chicken Alfredo Green Beans Peaches Milk Water	Vanilla Pudding w/Wafers Water 100% Juice
FRI	Cheerios Banana Slices Milk Water	Turkey Hotdogs Carrots Fresh Oranges Milk Water	Pretzels Pineapple Water

3	Breakfast	Lunch	PM Snack
MON	Whole Wheat Cheese Toast Milk Water	Chicken Patty Mashed Potatoes Sweet Peas Mixed Fruit Milk Water	Pretzels w/ String Cheese Water
TUES	Bagels & Cream Cheese w/ Fresh Fruit Milk Water	Soft Tacos Pinto Beans Lettuce & Tomatoes Applesauce Milk Water	Cheese Nips 100% Juice Water
WED	French Toast Sticks Pineapple Milk Water	Meatballs & Rice w/ Gravy Green Beans Peaches Milk Water	Homemade Blueberry Muffins Water
THUR	Homemade Blueberry Muffins Milk Water	Chicken Rice Pilaf w/ Veggies Pears Milk Water	Strawberry & Blueberry Parfait Water
FRI	Cheerios Fresh Fruit Milk Water	Sloppy Joes Sweet Potato Tots Pineapples Milk Water	Graham Crackers Tropical Fruit Water

4	Breakfast	Lunch	PM Snack
MON	Cheesy Biscuits Mixed Fruit Milk Water	Hamburgers Baked Sweet Potato Fries Peaches Milk Water	Nutrigrain Bar 100% Juice Water
TUES	Whole Wheat Toast w/ Jelly Apples Milk Water	Homemade Bean & Cheese Burritos Green Beans Pears Milk Water	Ritz Crackers w/ Cheese Water
WED	Whole Wheat Waffle Sticks Strawberries Milk Water	Sweet & Sour Chicken Broccoli & Rice Mandarin Oranges Milk Water	Homemade Strawberry Muffins Water
THUR	Homemade Strawberry Muffins Pears Milk Water	Homemade Cheese Pizza Tossed Salad Mixed Fruit Milk Water	Trail Mix Applesauce Water
FRI	Life Cereal Banana Slices Milk Water	Chicken Salad Sandwich Veggie Sticks Fresh Oranges Milk Water	Cheese Nachos 100% Juice Water